

PSHE policy

West Park School

Spondon

Derby

DE21 7BT



Approved by:

David Sanderson

Date:

16/01/2026

Last reviewed on:

01/2026

Next review due by:

07/2026

Contents

1. Aims	2
2. Statutory requirements	2
3. Content and delivery.....	2
4. Roles and responsibilities.....	3
5. Monitoring arrangements.....	3
6. Links with other policies.....	4

1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

To promote West Park's vision of being 'a caring school where we put pupils and their achievement first.'

By the time pupils leave West Park they will have developed the following skills and abilities:

- Maintaining a positive mental wellbeing and an understanding of where to seek support for issues regarding mental health.
- Developing strong relationships with others and understanding what makes happy and respectful relationships. This covers friendship groups, online safety, families and romantic relationships.
- An understanding of economic wellbeing by being taught how to manage personal finances and how to use different financial institutions.
- Maintaining good physical health by understanding what constitutes a healthy lifestyle (e.g. diet and exercise); how to stay safe in the wider community (e.g. drugs and alcohol education); and online safety.
- A clear understanding of tolerance and respect by celebrating diversity. This will be addressed through an understanding of the rule of law on discrimination and characteristics protected under the Equalities Act 2010.
- Being prepared for adult life once pupils leave school through Careers Education and an understanding of independent living.

2. Statutory requirements

PSHE is a non-statutory subject but is an essential part of pupil's personal development. There are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This can be found on the 'Policies' page of the school website.

For other aspects of PSHE, including health education, see the Program of Study on the 'Curriculum' page of the school website for more details about what we teach in each year group.

3.2 How we teach it

- PSHE is taught through Personal Development sessions. 'Personal Development' sessions take place twice a week during Form Time at Key Stage 3 (KS3) and timetabled lessons once a fortnight at Key Stage 4 (KS4).
- Personal Development sessions are delivered by form tutors at KS3 and teachers at KS4 from a wide range of departments and experiences all of which have received training from the PSHE Co-Ordinator.
- All activities are structured to be accessible for all pupils regardless of ability, special educational needs or disability.
- Staff are reiterated in training of the importance of political impartiality in schools and to not let their personal beliefs and attitudes influence teaching. Any concerns are passed onto the PSHE Co-Ordinator and school safeguarding team
- All resources are provided by the PSHE Co-Ordinator in line with the Thematic Model outlined by the PSHE Association and adapted to meet the needs of our pupils.
- Students complete reflection activities at the end of each topic and are assessed on their knowledge and understanding using online forms.
- If you have any further questions on the delivery of PSHE in our school, contact the PSHE Co-Ordinator: Matthew.herzberg@westpark.derby.sch.uk

4. Roles and responsibilities

4.1 The trustees

The trustees will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

Responsibility for the PSHE programme lies with PSHE Co-Ordinator and Deputy Head teacher (Behaviour, Care & Wellbeing) who will liaise with the Head of Careers Education and Information and Guidance.

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Matthew Herzberg – PSHE Co-Ordinator through:

- Learning Walks
- Folder Monitoring

- Staff and student surveys

This policy will be reviewed by Matthew Herzberg (PSHE Co-Ordinator), David Sanderson (Deputy Headteacher Behaviour, Care & Wellbeing) and trustees.

6. Links with other policies

This policy links to the following policies and procedures:

- Careers Education and Information and Guidance Policy
- Behaviour Policy
- Relationships and Sex Education Policy
- Drugs Policy
- Safeguarding Policy

All resources are in line with the government guidance on Keeping Children Safe in Education (KCSIE) including content as it is updated.